

Case 3

A 46-year-old married man lives in Bangkok.

CC: Tiredness and sleepiness for 2 months

PI: 10 years ago, his partner noticed that he snored loudly and briefly stopped breathing during sleep. He also felt tired and sleepy during the day. Then, he went to the hospital and was treated with CPAP. After that, his symptom was improved.

2 years ago, he started to feel tired and sleepy during the day again. And his partner also told that his snoring was even louder than before.

2 months ago, he felt more tired and sleepy, he had a bloody stool occasionally and was referred to the PMK hospital for further management.

PH: He does not smoke or drink alcohol. Current medication: -

FH: He has 1 healthy son.

Physical examination:

Vital signs: T 36.8°C, BP 110/70 mmHg, PR 84/min, RR 16/min

BW 80 kg, Height 175 cm

GA: A middle-aged Thai man, good consciousness, normosthenic built.

HEENT: thyroid gland 15 gram.

Heart: regular rhythm, normal S1S2, no murmur, no heaving, no thrill.

Lungs: equal breath sound, no adventitious sound.

Investigation:

CBC: Hb 11.5 g/dL, Hct 35 %, MCV 96 fL,

WBC 5,100 /mcL, PMN 46 %, L 41%, Mono 6% E 5.9% Platelet 249,000/ mcL