



มหาวิทยาลัยมหิดล

คณะแพทยศาสตร์
ศิริราชพยาบาล

Interhospital Conference

Case 2

Fellow 1 Jirapa Dilokruangchai, Fellow 2 Piriya Potjanamart

Advisor: Aj. Pornrumpa Pengkhum

Faculty of Medicine Siriraj Hospital, Mahidol University

Patient identification

- ผู้ป่วยชายไทยคู่ อายุ 63 ปี
- ภูมิลำเนา จังหวัดกรุงเทพมหานคร
- อาชีพ เกษียณอายุราชการ

Chief complaint

เจ็บคอมาก 2 วัน

Present illness

- 1 เดือนก่อน ผู้ป่วยมีอาการคลื่นไส้ กลืนอาหารลำบาก
- 2 วันก่อน รู้สึกเจ็บคอ กลืนอาหารแล้วรู้สึกเจ็บร่วมกับมีไข้ต่ำๆ
หายใจหอบเหนื่อย จึงมาตรวจที่โรงพยาบาล

ขอเชิญ Fellow 1 ชักประวัติและตรวจร่างกายเพิ่มเติม

Present illness

4 เดือนก่อน ผู้ป่วยมีอาการเจ็บคอร่วมกับเสียงแหบ ไม่มีไข้ ไม่ไอ ไม่มีน้ำมูก ไม่มีอาการกลืนติดลำบาก รับประทานอาหารได้ตามปกติ ซ้ำยา erythromycin มารับประทานเอง อาการเจ็บคอทุเลาแต่ยังคงมีเสียงแหบ

1 เดือนก่อน ผู้ป่วยเริ่มมีอาการกลืนติด รู้สึกกลืนลำบาก โดยเฉพาะเวลากลืนอาหารที่มีลักษณะแข็ง เช่น ข้าวสวย ผู้ป่วยจึงเปลี่ยนไปรับประทานอาหารปั่นแทน ไม่มีอาการกลืนลำบากบ่อย ผู้ป่วยสังเกตว่าตนเองน้ำหนักลดลง 5 กิโลกรัม ในช่วง 1 เดือน

1 สัปดาห์ก่อน อาการกลืนลำบากเป็นมากขึ้นร่วมกับกลืนเจ็บ ผู้ป่วยรู้สึกคอโต คลำพบก้อนที่คอ ก้อนดังกล่าวเคลื่อนตามการกลืน และมีอาการกดเจ็บบริเวณก้อน อาการปวดร้าวขึ้นไปบริเวณใต้คาง ก้อนที่คอโตขึ้นเร็วภายใน 1 สัปดาห์

Present illness

2 วันก่อน ผู้ป่วยรู้สึกมีไข้ต่ำๆ ร่วมกับมีอาการเจ็บที่บริเวณคอด้านขวามากขึ้น คะแนนปวด 7/10

คะแนน ร่วมกับรู้สึกเหนื่อยง่ายเวลาออกกำลังกาย เดินภายในบ้านแล้วเหนื่อย พักแล้วดีขึ้น อาการหายใจหอบ

เหนื่อยไม่ได้สัมพันธ์กับท่าทาง ไม่มีอาการใจสั่นหรือแน่นหน้าอก นอนราบได้ ไม่มีเหงื่อออกเยอะผิดปกติ

ผู้ป่วยไม่มีอาการคลื่นไส้ อาเจียน ไม่มีปวดท้องหรือถ่ายอุจจาระผิดปกติ รับประทานอาหารบ่นได้น้อย

ญาติพามาตรวจรักษาที่โรงพยาบาล

Past history

- วินิจฉัย pulmonary tuberculosis (smear positive) เมื่อ 15 ปีก่อน
รับประทานยารักษาวัณโรค 9 เดือน

Personal history

- สูบบุหรี่ 2 ซอง/วัน x 25 ปี [50 pack-year] หยุด 15 ปี
- ไม่ดื่มสุรา ไม่ใช้สารเสพติด

Family history

- ไม่มีประวัติโรคมะเร็งหรือโรคไตรอยดัดในครอบครัว

Drug history

- No history of drug allergy
- No current medication

Physical examination

Vital signs: **T 38.3 °C** **RR 26/min** SpO₂ 96% at RA
 BP 140/70 mmHg **HR 120 /min**
 BW 59 kg **Ht 175 cm** **BMI 19.27 kg/m²**

GA: An elderly man, alert, cooperative

 no pallor, no jaundice, **mild respiratory distress**

Skins: **moist skins**, no rash, no facial swelling, no superficial vein dilatation

HEENT: mild injected pharynx, no tonsillar enlargement, **hoarseness of voice**
 no exophthalmos, no lid lag, no lid retraction

Physical examination

Thyroid gland:



Physical examination

Thyroid: - Right thyroid nodule size 6x4 cm, smooth surface, firm consistency with mild tenderness, no warmth, no erythema on overlying skins

- no palpable left lobe of the thyroid gland
- no thyroid bruit

Lymph node: Right cervical lymph node level 4, size 2 cm in diameter, hard, fixed, no tenderness

Physical examination

- CVS: Apical impulse at 5th ICS left MCL, no heaving, no thrill, normal S₁S₂, no murmur
- RS: No tracheal deviation, **suprasternal retraction, inspiratory stridor**
- Abdomen: Soft, no tenderness, no palpable mass, liver and spleen not palpable
- Extremities: No pretibial myxedema, no thyroid acropachy, no onycholysis
- NS: Orientate to time, place, person, no facial palsy, no ptosis
pupil 3 mm RTLBE, motor power grade V/V all

Problem list

A 63-year-old man no known U/D presented with

- 1) Acute fever with right-sided neck pain for 2 days
- 2) Dyspnea on exertion for 2 days
- 3) Palpable neck mass for 1 week
- 4) Progressive dysphagia with significant weight loss for 1 month
- 5) Hoarseness for 4 months
- 6) PE: right thyroid mass with right cervical lymphadenopathy, signs of mild respiratory distress with inspiratory stridor
- 7) History of heavy smoking 50 pack-year

Differential diagnosis

ขอเชิญ Fellow 1 ให้การวินิจฉัยและส่งตรวจเพิ่มเติม

Investigations

- CBC: Hb 11.5 g/dL Hct 34.5% WBC 14,730/mm³
PMN 89.5% Lymph 3.3% Platelet 211,000/mm³
- Blood chemistry: BUN 26.3 mg/dL Cr 0.85 mg/dL
Na 133 mmol/L K 4.4 mmol/L
Cl 94 mmol/L CO₂ 27 mmol/L
- LFT: Albumin 3.6 g/dl Globulin 4.2 g/dl
Total bilirubin 0.88 mg/dl Direct bilirubin 0.61 mg/dl
AST 19 U/L ALT 19 U/L ALP 153 U/L



Date	09/08/66
Total Ca (mg/dL)	9.7
Corrected Ca (mg/dL)	10.02
Albumin (g/dL)	3.6
PO4 (mg/dL)	2.9



Thyroid function test

Free T3 (2.04-4.40) (pg/mL)	10.8
Free T4 (0.92-1.68) (ng/mL)	>7.77
TSH (0.27-4.2) (uIU/ml)	< 0.005



Inflammatory markers

ESR (0-15)	88 mm/hr
CRP (<5)	173 mg/dL



Tg (Thyroglobulin)

(3.5-77.0)

322.20 ng/ml

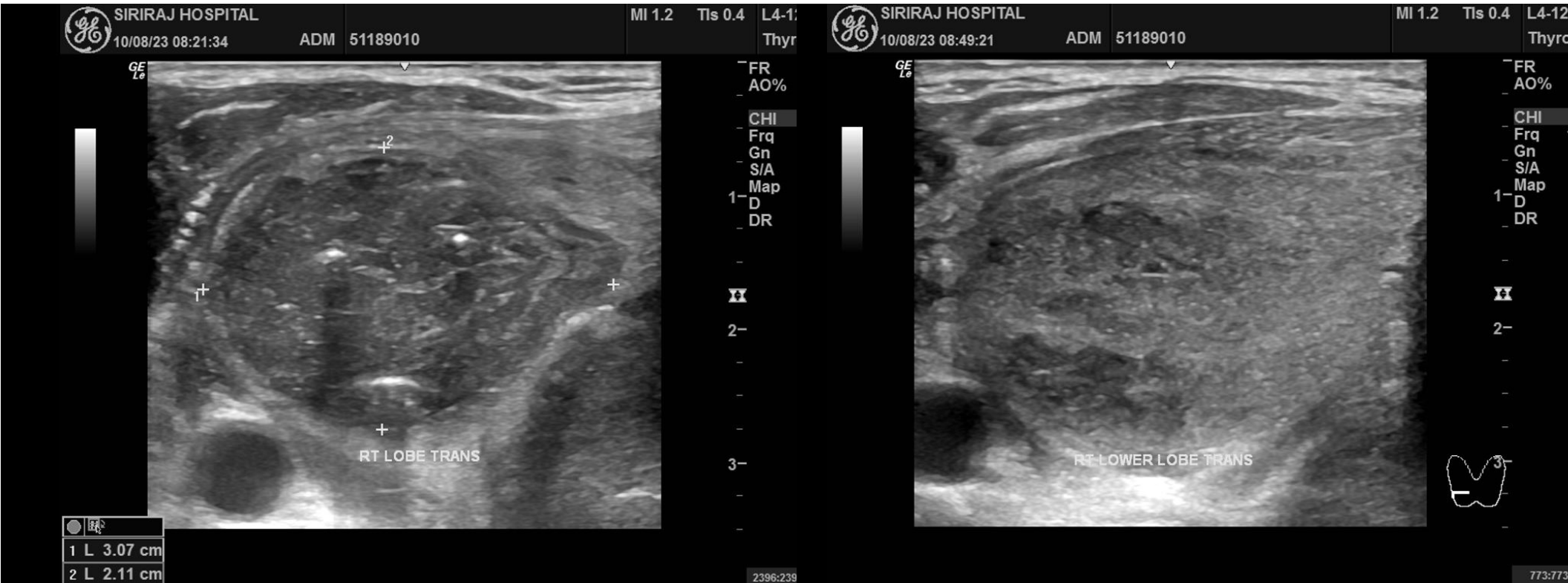


Thyroid antibodies test

Anti-TSH receptor Ab (IU/L)	< 0.8 (Negative)
Anti-thyroglobulin Ab (IU/mL)	420 (<115)
Anti-thyroid peroxidase (IU/mL)	19.4 (Negative)



Thyroid Ultrasound



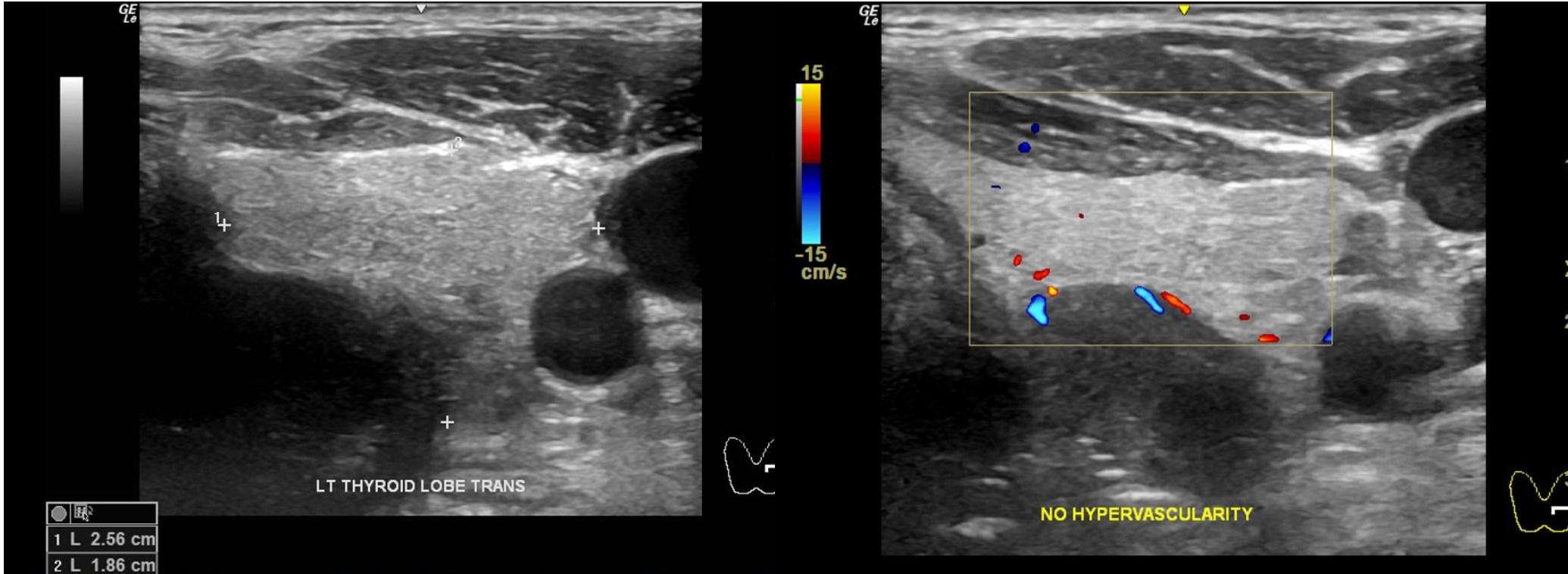
Thyroid Ultrasound



Thyroid Ultrasound



Thyroid Ultrasound



Thyroid Ultrasound



Thyroid Ultrasound

SIRIRAJ HOSPITAL
10/08/23 08:54:55
ADM 51189010

MI 1.2 TIs 0.6 L4-12t
Thyroid

GE
L6



- FR	49
- AO%	100
- CHI	
- Frq	10.0
- Gn	46
- S/A	3/3
- Map	F/0
- D	5.0
- DR	66

2-

IX

4-

122-122 (2.5:2.5 s)

SIRIRAJ HOSPITAL
10/08/23 08:55:54
ADM 51189010

MI 1.2 TIs 0.6 L4-12t
Thyroid

GE
L6



- FR	49
- AO%	100
- CHI	
- Frq	10.0
- Gn	46
- S/A	3/3
- Map	F/0
- D	5.0
- DR	66

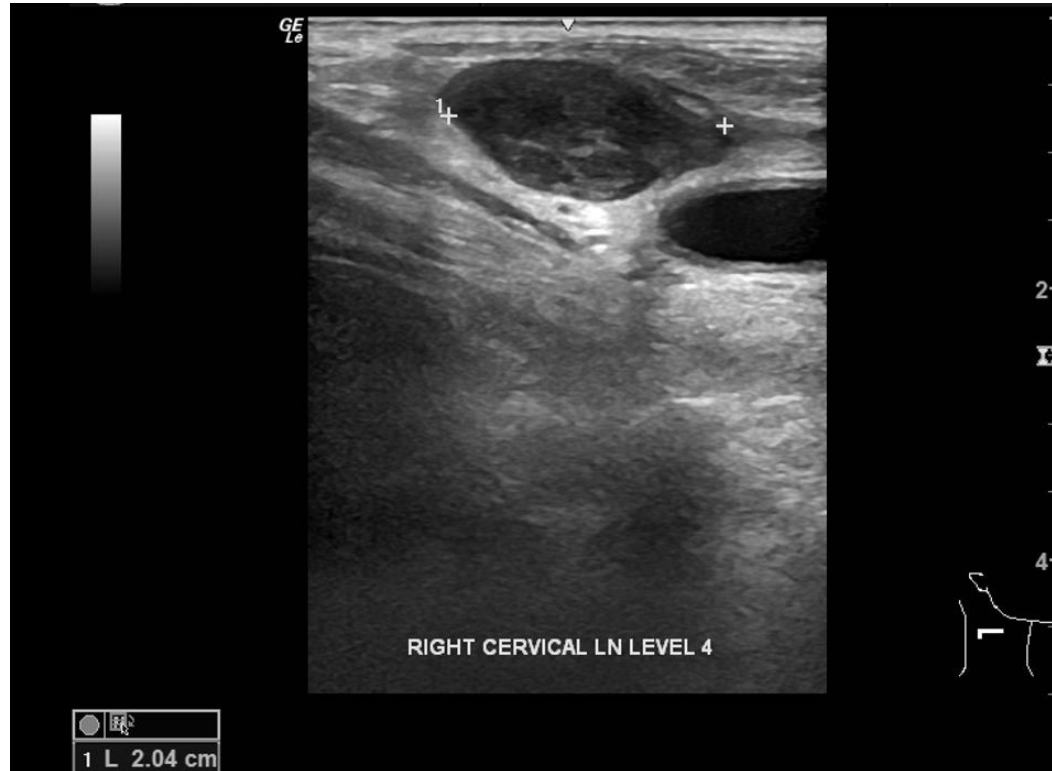
2-

IX

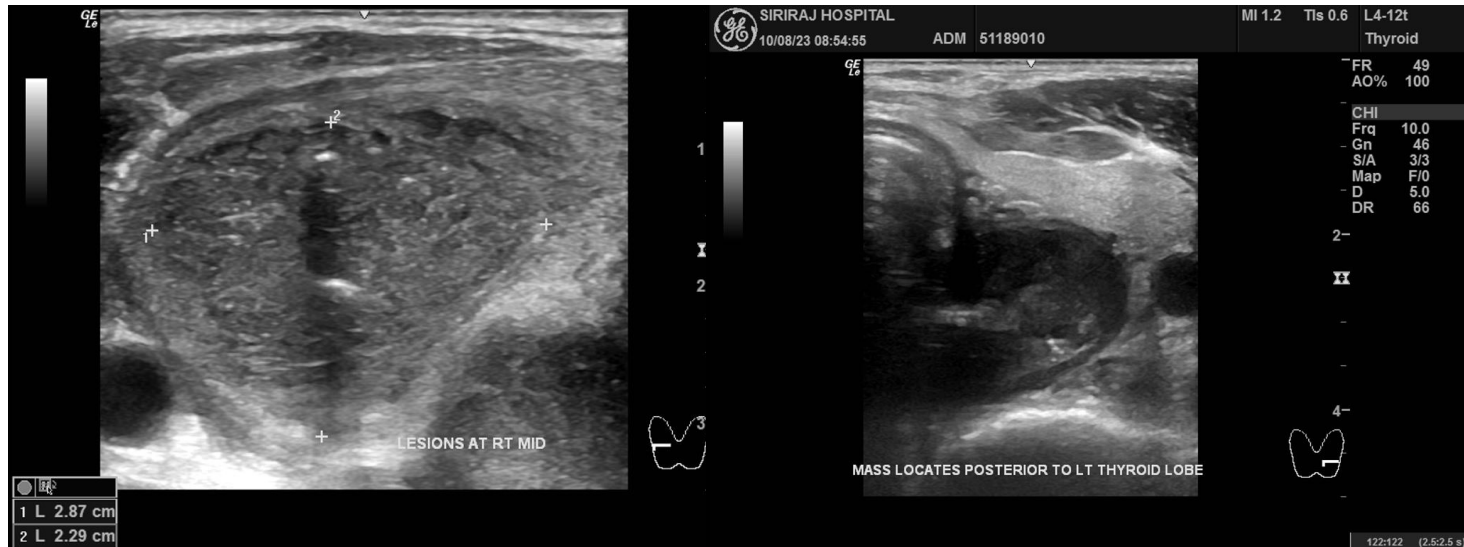
4-

287-287 (5.9:5.9 s)

Neck Ultrasound



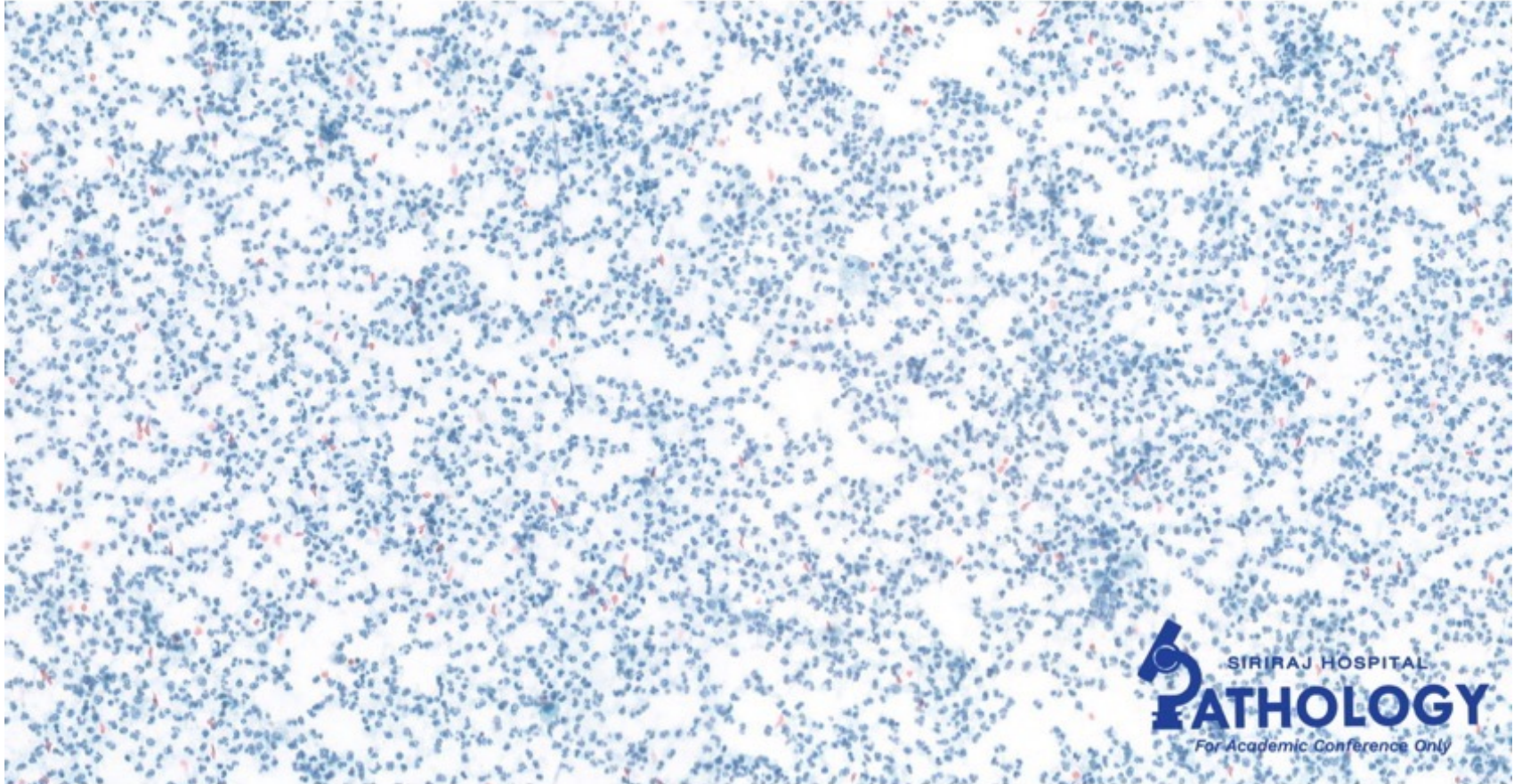
Neck Ultrasound



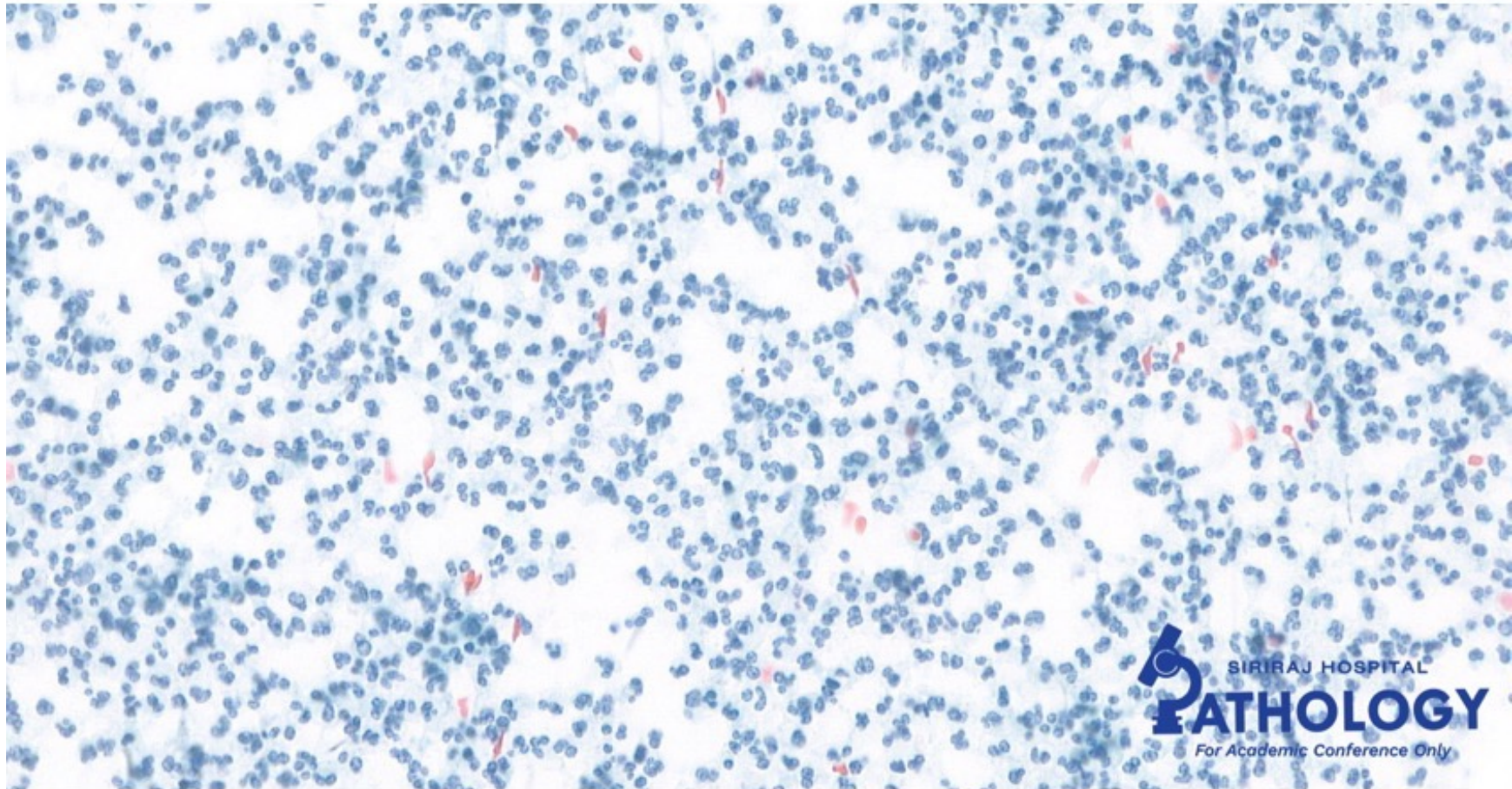
- Homogeneous echotexture of thyroid parenchyma with no increased vascularity
- An ill-defined heterogeneous hypoechoic nodule with internal septation & suspected calcification occupied at right mid-pole size 2.87x 2.55 x 3.73 cm
- Hypoechoic mass located inferior-posterior to both right & left lower thyroid lobes
- Right cervical lymphadenopathy level 4 likely pathological LN



FNA for Cytology (PAP smear 20x)



FNA for Cytology (PAP smear 40x)



Fine needle aspiration for cytology

Source of specimen: Fine needle aspiration, ultrasound-guided

Site: Thyroid

side: Right

Character of specimen: Smear 6 slides, fixation 95% alcohol and Air-dried, Retained tissue in needle (Insufficient tissue for cell block preparation)

Preparation technique: Smear 6 slides

Staining: PAP, DQ

Adequacy of specimen: Satisfactory for evaluation with limitation

Limitation: Scant follicular cells

Cytologic diagnosis: - Acute suppurative inflammation
- No granulomas or viral cytopathy

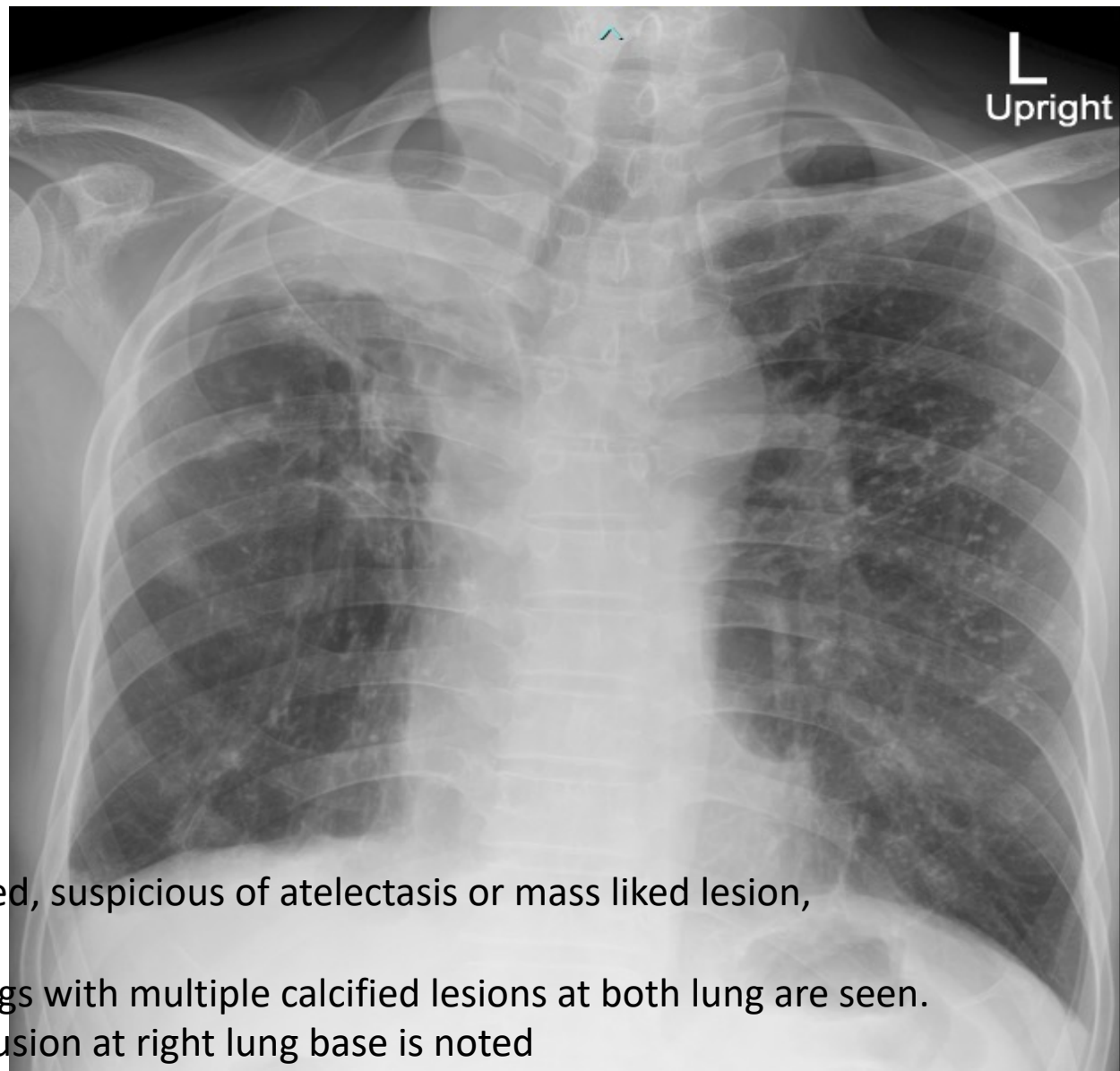
Gram stain: no organisms



CXR PA upright



CXR PA upright



- RUL opacity with RUL volume loss is noted, suspicious of atelectasis or mass like lesion, right pleural effusion
- Diffuse interstitial infiltration at both lungs with multiple calcified lesions at both lung are seen.
- Pleural thickening or minimal pleural effusion at right lung base is noted

HR 133 . Sinus tachycardia
 . Consider right atrial enlargement
 PR 172 . Inferior infarct, acute (LCx)
 QRSD 85 . ST elevation, consider anterior injury
 QT 266 . Lateral leads are also involved
 QTc 396

ใบตรวจ
 15.44
 เวลา 15:44 น.
 ลจชบ นพ. (CPN)

EKG 12 leads

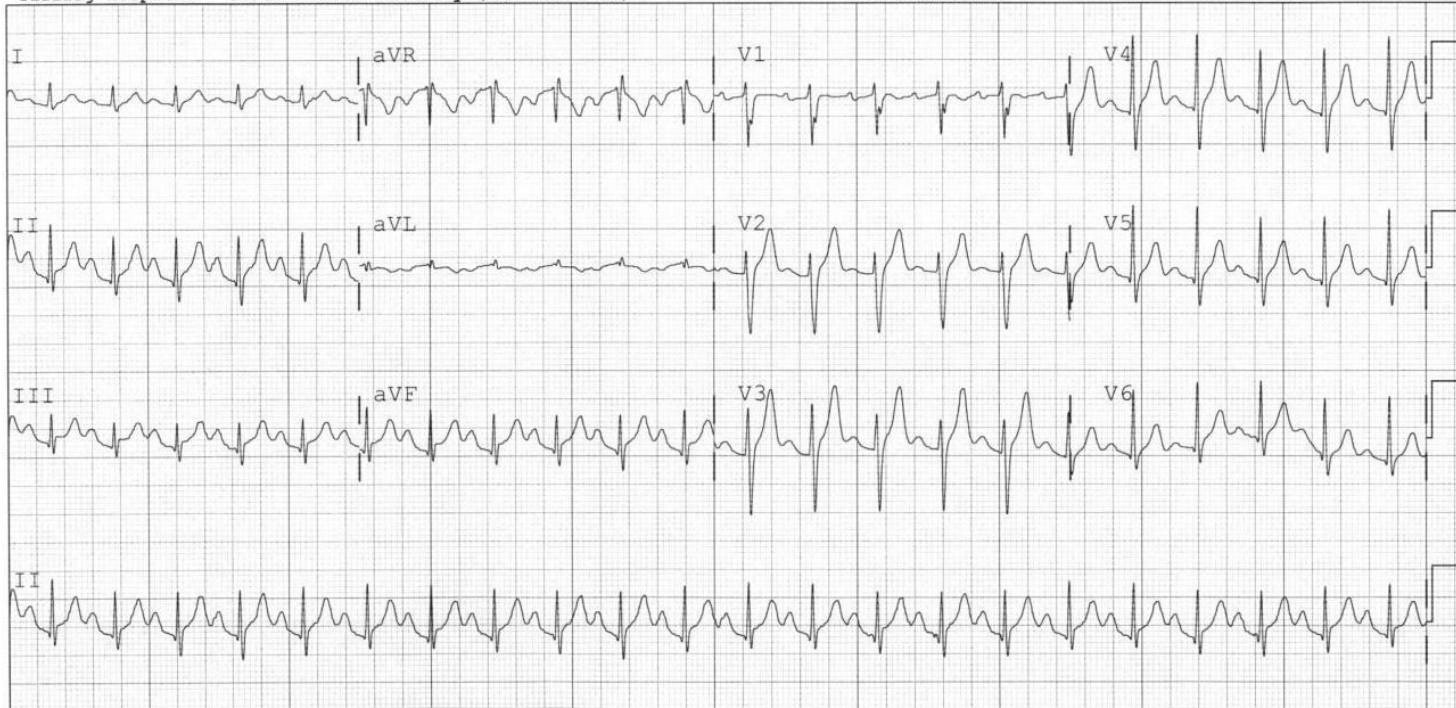
-- AXIS --
 P 72
 QRS 49
 T 68

- ABNORMAL ECG -

Standard 12

Siriraj Hospital - Unidentified Facility (111-11100-01)

Not confirmed



- **Gram stain: no organisms**
- **Hemoculture: no growth x 2 specimens**



Provisional diagnosis

Acute suppurative thyroiditis

Management

ขอเชิญ Fellow 2 ร่วมวางแผนการรักษาในผู้ป่วยรายนี้

Acute management: suppurative thyroiditis

1) Evaluation of the patient's airway

- airway compromise >> consult ENT emergency
- consider the role of urgent surgical drainage
- intubation if indicated

2) Broad spectrum intravenous antibiotic therapy

3) Management of sepsis

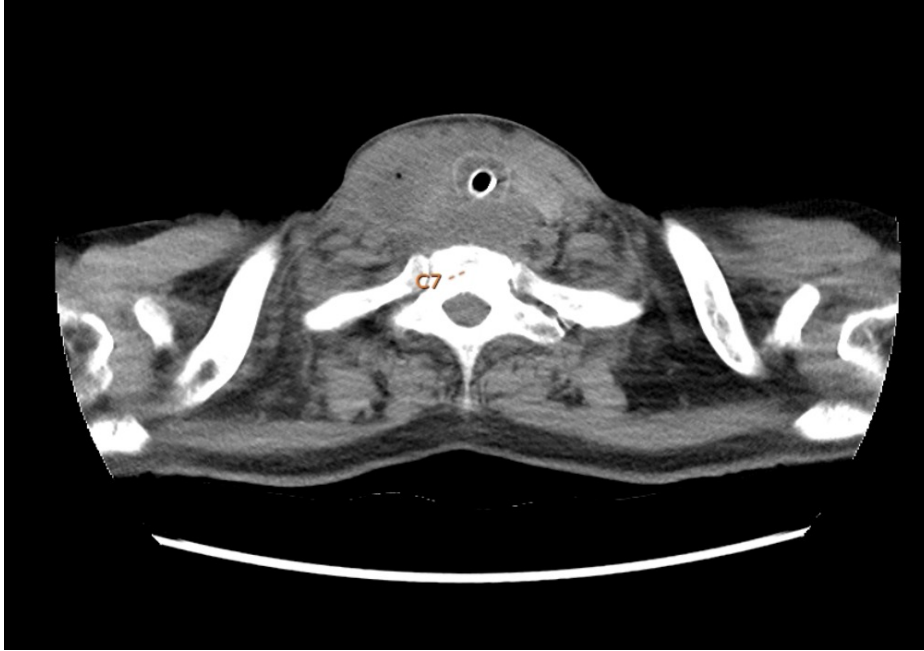
4) Neck CT with contrast urgency after stabilization

5) Management of thyrotoxicosis?

CT neck with contrast

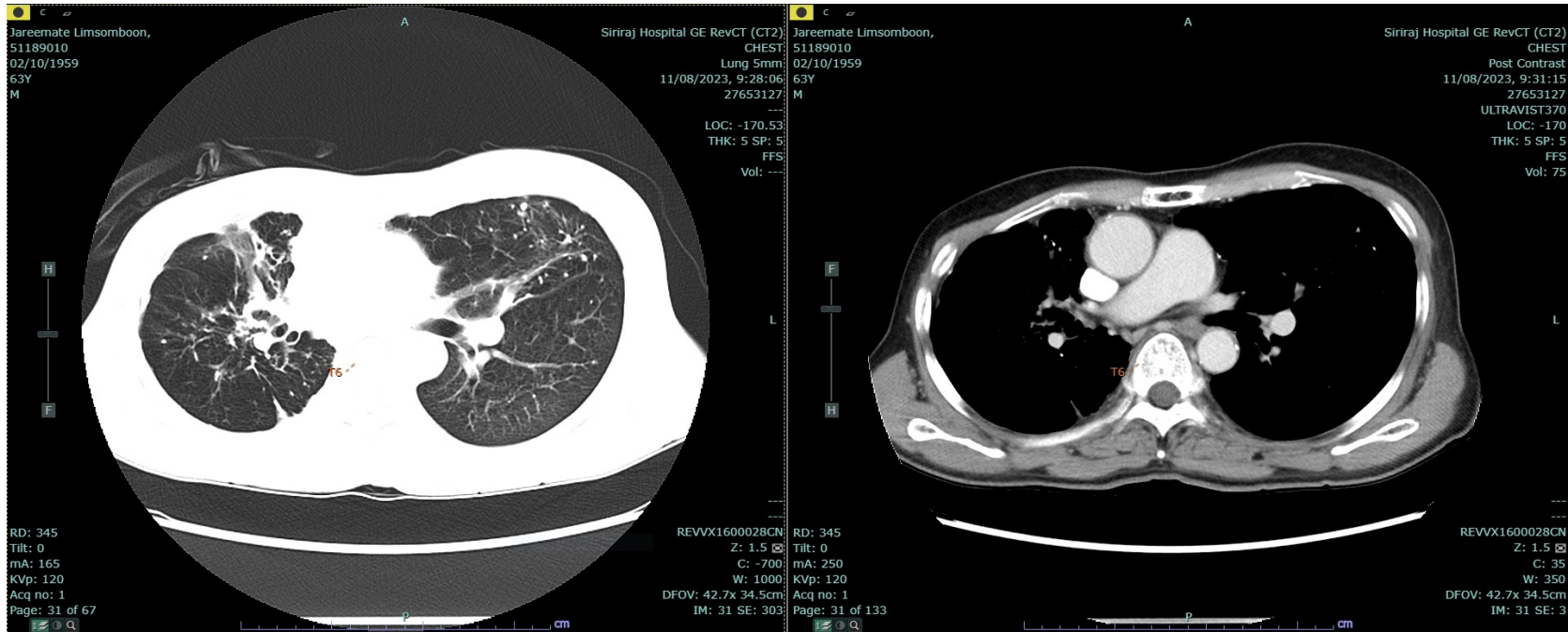


CT neck with contrast



- Partially seen a 7.5x5.1x6-cm heterogenous rim-enhancing mass with necrotic portion at right thyroid bed and abutting to right carotid space and involving hypolarynx area and upper esophagus, suspicious for **advanced aerodigestive tract malignancy**.
- Several lymphadenopathies at right upper paratracheal and right SPC region, likely metastatic nodes.
- Chronic lung granulomatous disease

CT chest with contrast



- Loss of right lung volume. Total collapse of RUL with non-enhancement of RUL parenchyma. Diffuse calcified granuloma at all segments of both lungs, size about 0.2-1.0 cm.
- Extensive fibrotic changes with traction atelectasis at all segments of both lungs.
- All of these findings are suggestive of chronic lung granulomatous disease.



Definite diagnosis

Acute suppurative thyroiditis from
CA hypopharynx/esophagus invasion to
the thyroid gland

Management: thyrotoxicosis

- 1) Evaluate the risk of thyroid storm **BWPS = 35**
- 2) Control thyroid hormone excess
- 3) Control heart rate

Preoperative management

Long-term management after stabilization

- 1) Correction of the cause of suppurative thyroiditis
 - timing and type of surgery
- 2) Closed follow-up clinical and serial imaging
- 3) Plan the spectrum and duration of ATB
- 4) Plan of surgery

EGD findings

Oropharynx and Esophagus:
90% circumferential necrotic mass from epiglottis,
arytenoid, pyriform, UES (17 cm) to 25 cm from nostril

Diagnosis:

CA hypopharynx and esophagus

Pictures #



A Epiglottis



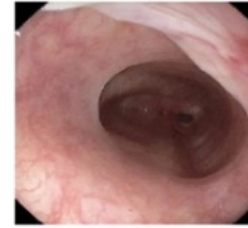
B Epiglottis



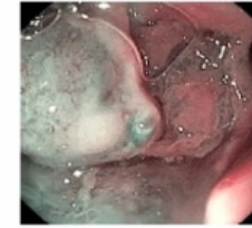
C Rt pyriform



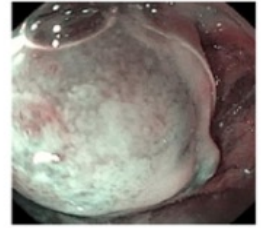
D UES



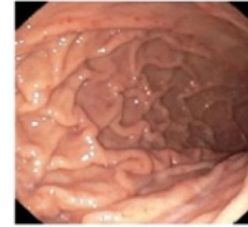
I 17-25 cm from nostril



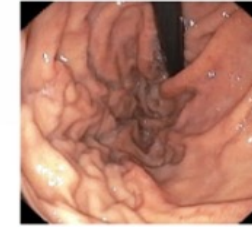
J Epiglottis



K Epiglottis



L Body



M Fundus



N Pylorus



O Duodenum



P 2nd Portion



Q Ideal PEG kit 24Fr 4 cm

PEG insertion

Biopsy for pathology result:

Poorly differentiated squamous cell carcinoma

Progress



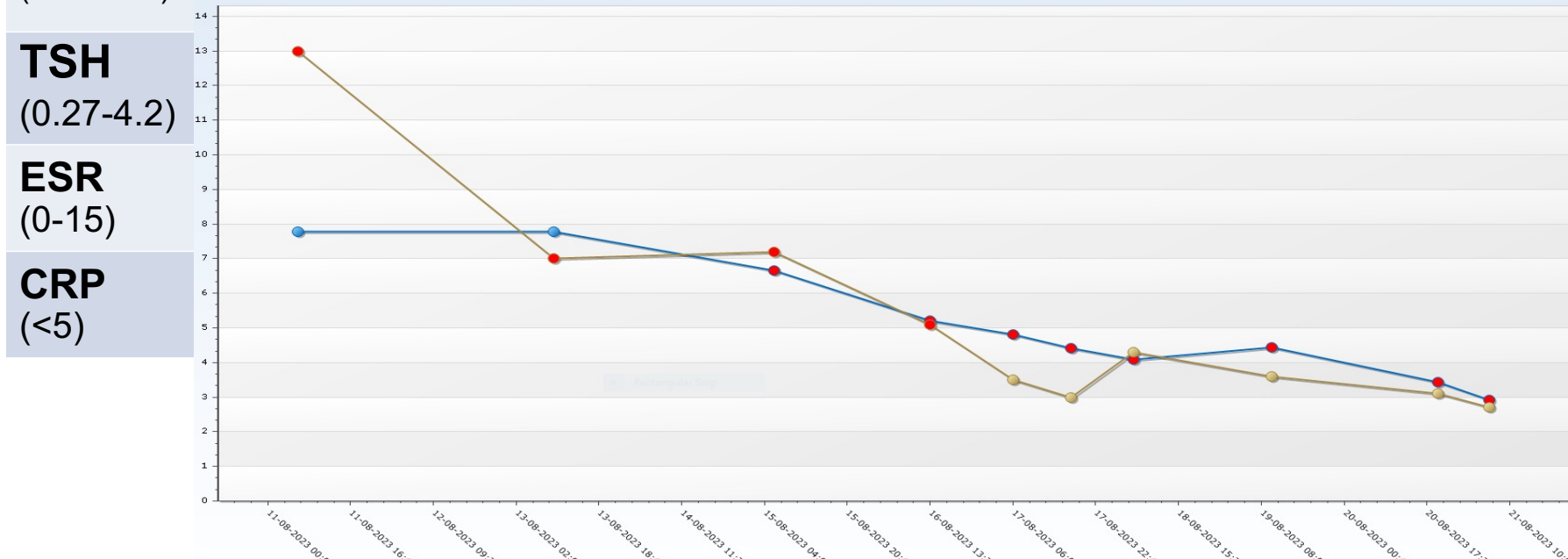
Date	11/08/66	13/08/66	15/08/66	16/08/66	17/08/66	18/08/66	20/08/66
FT3 (2.0-4.4)	13.0	7.0	7.2	5.1	3.0	4.3	3.1
FT4 (0.92-1.48)	>7.77	>7.77	6.67	5.21	4.42	4.10	3.44
TSH (0.27-4.2)	<0.005			-	-	-	-
ESR (0-15)	78	102	67	96	96	-	-
CRP (<5)	173	151	120	102	76	-	-

Progress

EGD with
PEG



Date	11/08/66	13/08/66	15/08/66	16/08/66	17/08/66	18/08/66	20/08/66
FT3 (2.0-4.4)	13.0	7.0	7.2	5.1	3.0	4.3	3.1
FT4 (0.92-1.48)	>7.77	>7.77	6.67	5.21	4.42	4.10	3.44



TSH
(0.27-4.2)

ESR
(0-15)

CRP
(<5)

Progress

Date	09/08/66	11/08/66	16/08/66	17/08/66	19/08/66	20/08/66
Total Ca (mg/dL)	9.7	8.9	9.5	9.9	10.5	10.4
Corrected Ca (mg/dL)	10.02	10.1	10.86	11.42	11.54	11.44
Albumin (g/dL)	3.6	2.5	2.3	2.1	2.7	2.7
PO4 (mg/dL)	2.9	2.4	2.8	2.5	3.0	2.5
PTH (pg/mL)					6.65	

PTH-independent mild hypercalcemia

Time	9	10	11	12	13	14	15
Temp	37.8	38.2	38.5	38.1	38.4	38.0	38.3
HR	131	74	104	76	104	76	104
RR	22	20	22	20	22	20	22
SpO2	96.8	96.8	96.8	96.8	96.8	96.8	96.8
Wt and Ht	/ 172 cm						
Abd. cir	59 kg.						
Diet	100						
Oral Fluids	NPO/300/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS
Parenteral	NSS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100	NS 1000 NS 100/100 NS 100 NS 100
Total	2400	2236	1580	2430	2750	2550	2150
Urine	600/750/400	650/200/350	700/800/400	1150/1200/900	1000/1100/700	1150/1300/750	700/650/900
Total	1750	1400	1400	3950	2600	2900	2250
Stools	0	0	0	0	0	0	0
Urine	3	3	3	3	3	3	3

Intubation

Ceftriaxone IV
Clinamycin IV
(9-22/8/66)

sputum \rightarrow not acceptable
H/C \rightarrow none
AP - none
sputum \rightarrow $\text{ab} \rightarrow$ $\text{mic} \rightarrow$ bacteria
UC \rightarrow

Time	16	17	18	19	20	21	22
Temp	38.1	38.4	38.0	38.3	38.1	38.4	38.0
HR	113	116	112	114	115	114	117
RR	20	20	20	20	20	20	20
SpO2	96.8	96.8	96.8	96.8	96.8	96.8	96.8
Wt and Ht	172 cm						
Abd. cir	59 kg.						
Diet	100						
Oral Fluids	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS	NPO/100/NRS
Parenteral	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100	NSS 1000 NS 100/100 NS 100 NS 100
Total	2250	2450	2300	2600	3650	3550	3650
Urine	400/600/500	650/900/400	1000/1000/300	1150/1100/1100	1100/1100/1100	1100/1100/1100	1100/1100/1100
Total	2000	2450	2300	2600	2900	2900	2900
Stools	0	0	0	0	0	0	0
Urine	3	3	3	3	3	3	3

Propranolol
(10) 1x3

Propranolol (10)
2x3

EGD+ PEG

sputum \rightarrow $\text{ab} \rightarrow$ $\text{mic} \rightarrow$ bacteria
UC \rightarrow

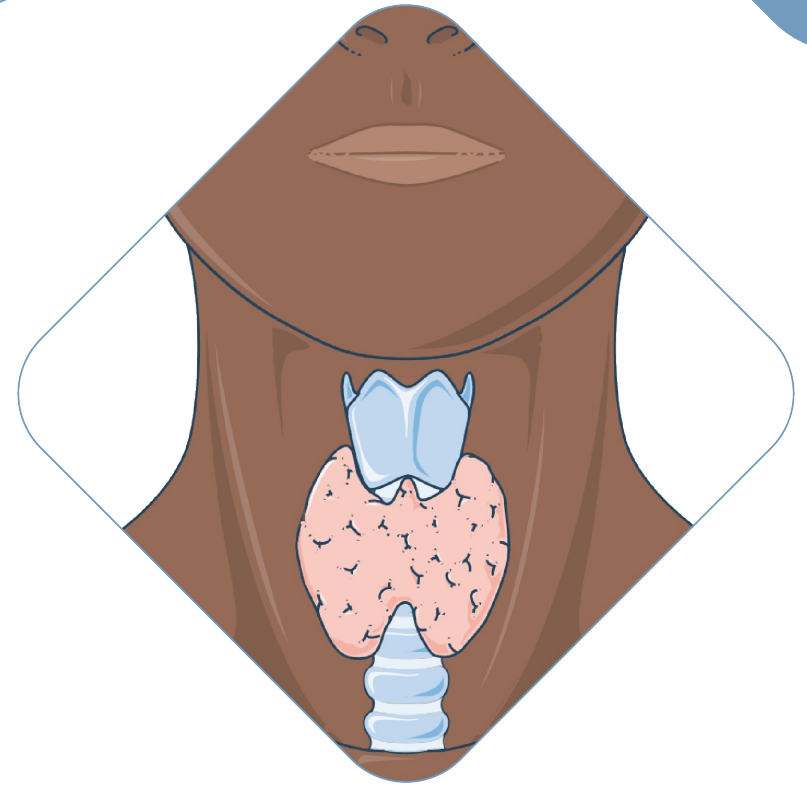
THANK YOU

Acute Suppurative Thyroiditis

F1 Jirapa Dilokruangchai
F2 Piriya Potjanamart

Supervisor
Aj.Pornrumpa Pengkhum

Faculty of Medicine Siriraj Hospital,
Mahidol University



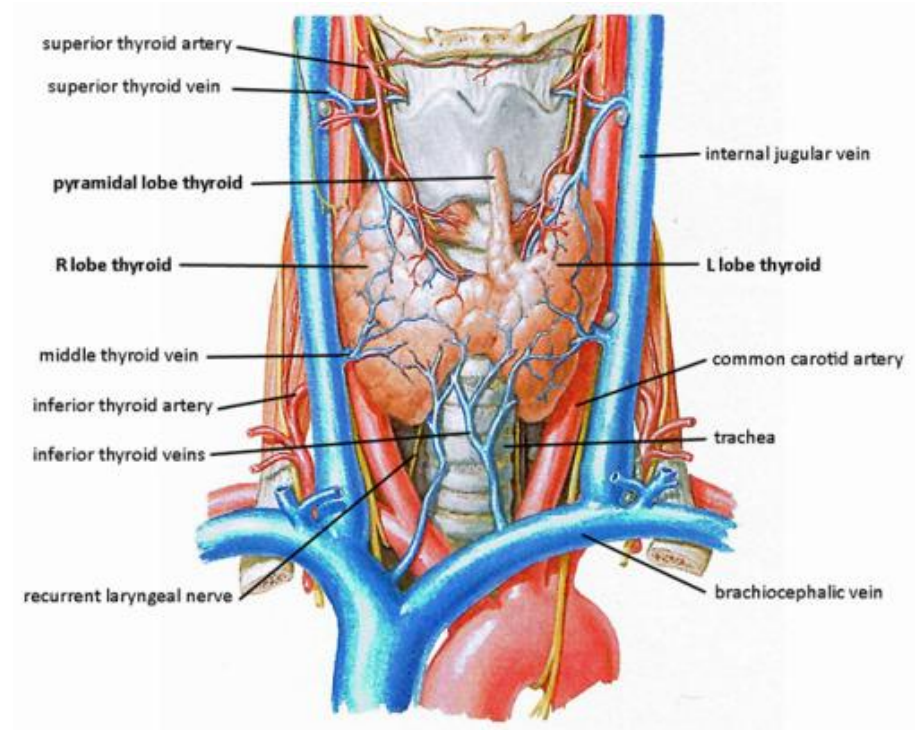
Suppurative Thyroiditis

- **Incidence** 0.1-0.7% of all thyroid disease
- **Mortality rate** 3.7-9%
- Median age 37 years [IQR 23-54]
- Female sex 54%

Type	Synonyms
Hashimoto's thyroiditis	Chronic lymphocytic thyroiditis Chronic autoimmune thyroiditis Lymphadenoid goiter
Painless postpartum thyroiditis	Postpartum thyroiditis Subacute lymphocytic thyroiditis
Painless sporadic thyroiditis	Silent sporadic thyroiditis Subacute lymphocytic thyroiditis
Painful subacute thyroiditis	Subacute thyroiditis de Quervain's thyroiditis Giant-cell thyroiditis Subacute granulomatous thyroiditis Pseudogranulomatous thyroiditis
Suppurative thyroiditis	Infectious thyroiditis Acute suppurative thyroiditis Pyrogenic thyroiditis Bacterial thyroiditis
Drug-induced thyroiditis (amiodarone, lithium, interferon alfa, interleukin-2)	
Riedel's thyroiditis	Fibrous thyroiditis

Mechanisms thyroid resistant to infection

- Protective fibrous capsule surrounding the gland (separate other organ from thyroid).
- High iodine content, which may be bactericidal.
- Rich blood supply and extensive lymphatic drainage.



Routes of infection predisposing to suppurative thyroiditis

Anatomic

Pyriiform sinus fistulae

Lymphatic or hematogenous spread (including septic emboli), increased risk to anatomically altered thyroid gland (e.g., thyroid nodule or cancer)

Direct extension of abscess

Neck trauma

Direct inoculation of thyroid or surrounding anatomy (e.g., intravenous drug use, interventional diagnostic or therapeutic medical procedures such as fine-needle aspiration or central venous line placement)

Secondary infection

Ruptured esophagus

Foreign body ingestion with esophageal perforation

Abnormal thyroid structures (e.g., nodules, malignancies)

Retropharyngeal abscess

In many cases, the route or source of infection is not obvious.

Routes of infection predisposing to suppurative thyroiditis

Anatomic

Pyriiform sinus fistulae

Lymphatic or hematogenous spread (including septic emboli), increased risk to anatomically altered thyroid gland (e.g., thyroid nodule or cancer)

Direct extension of abscess

Neck trauma

Direct inoculation of thyroid or surrounding anatomy (e.g., intravenous drug use, interventional diagnostic or therapeutic medical procedures such as fine-needle aspiration or central venous line placement)

Secondary infection

Ruptured esophagus

Foreign body ingestion with esophageal perforation

Abnormal thyroid structures (e.g., nodules, malignancies)

Retropharyngeal abscess

In many cases, the route or source of infection is not obvious.

Pathogens

- **Bacterial (68%)** , fungal (15%), mycobacterium (9%), parasite (5%)
 - **Immunocompetent : Gram positive aerobe 31%** , Gram negative aerobe 23%, fungal 1%
 - **Immunocompromised** : Gram positive aerobe 17%, **Gram negative aerobe 33%** , **Fungal 31%**
- In adults, >80% : Staphylococcus aureus and Streptococcus pyogenes
- In children, alpha- and beta- hemolytic Streptococcus and a variety of anaerobes account for 70% of cases, while mixed pathogens are identified in over 50% of cases

Clinical Manifestations

- **Neck pain (89%)** , flexion : relieve, hyperextension : aggravate; Pain may radiate to the ear or mandible, tenderness, erythema (32%) and warmth of the skin
- **Fever (82%)**
- Local compression : dysphagia (46%) and dysphonia (15%)
- Median duration of symptoms before presentation
 - **Bacterial : 7 days** [IQR 3-12]
 - Fungal : 21 days [IQR 12-26]
 - Tuberculous : 30 days [IQR 18-60]

Lobe predominance :
Bacterial : Left 65%
Fungal : Right 43%
Tuberculous : Left = Right

Physical Examination

- Tender, erythema of overlay skin (32%)
- Abscess formation is indicated by fluctuance; a firm nodule may progress to fluctuance in 1-3 days (**Need repeated physical examinations**) .
- Cervical lymphadenopathy may be present.

Lab

- **Elevated white cell count (82%), Elevated ESR (90%)**
- TFT : **Most euthyroidism (54%)** , thyrotoxicosis (42%) or hypothyroid (5%).
- Serial TFT (if clinically indicated), as there can be the release T3 & T4 due to destruction of thyroid follicles (T4 toxicosis 87% of hyperthyroidism case)
- Anti-HIV : for empirical suspected organism

Imaging

- U/S : Diagnostic and Therapeutic
- CT : Provide better anatomical assessment and extension of the abscess
- Suppurative areas appear “cold” on radioactive-iodine scanning
- Thyroid uptake : normal

Differential diagnosis of AST

Inflammatory

Subacute thyroiditis
Painful Hashimoto thyroiditis
Radiation thyroiditis

Infective

Sternocleidomastoid abscess
Parapharyngeal abscess
Lymph node suppuration
Thyroglossal duct cysts infection
Retropharyngeal deep space abscess

Malignant pseudothyroiditis

Thyroid cancer
Thyroid lymphoma
Metastases to thyroid
Parathyroid cancer

Trauma

Palpation thyroiditis
Blunt trauma

Infiltrative

Amyloidosis

Other

Thyroid/parathyroid nodule haemorrhage/rupture
Deep vein thrombosis
Branchial arches 1-4 anomalies

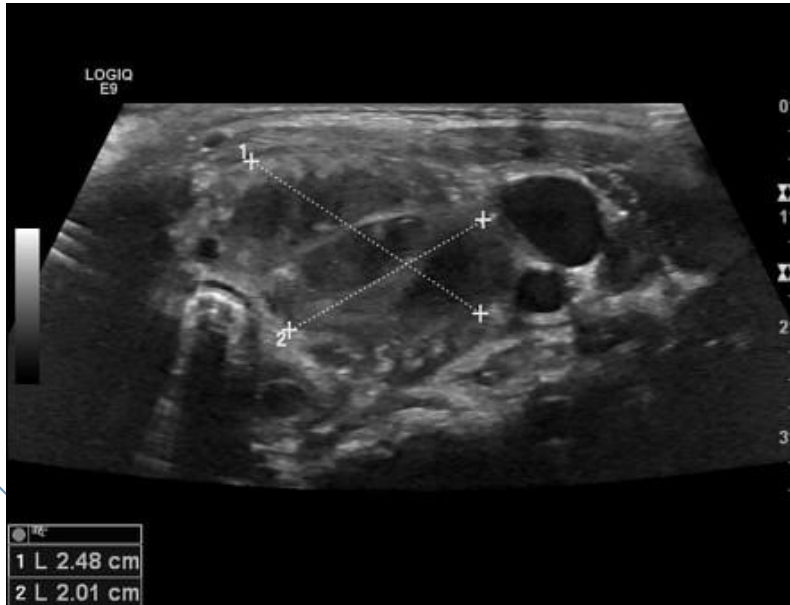
Abbreviation ; AST, Acute suppurative thyroiditis

Clinical features	AST	SAT
Fever	72%	54%
Pain	70%	77%
Migrating thyroid tenderness	Not usual	27%
Erythema of overlay skin	32%	Not usual
Clinical course - Response to glucocorticoid treatment	Transient/No	Good
Laboratory - Elevated white cell count - White cell count (*10 ⁹ /L) - Elevated ESR - Abnormal thyroid function tests (hyper or hypothyroidism) - Fine needle aspirate	82% 14.3 90% 44% Pus, pathogens	25%-50% 6.5 85% 60% Giant cells, granulomas

Clinical features	AST	SAT
Imaging - Ultrasound	<p>Most helpful in early stage (before abscess formation)</p> <p>Hypoechoic area, perithyroidal hypoechoic space, effacement of perithyroid tissue and thyroid gland. Later an abscess may be identified.</p>	<p>Varied findings. Most commonly ill-defined hypoechoic areas, may be unilateral or bilateral.</p>
- CT	<p>Most helpful in acute phase (when abscess formation has occurred). May identify an abscess, oedema of ipsilateral hypopharynx, hypodense area in thyroid, swelling or shifting of thyroid.</p>	<p>Thyroid gland lower attenuation (around 45 HU) and moderate enhancement after contrast.</p>

AST vs SAT

- US : abscess in AST vs. diffuse heterogeneity and low intensity vascular flow in SAT
- US-FNA targeting any mass and/or fluid collection



AST



SAT

AST vs Thyroid cancer

- Anaplastic thyroid cancer (ATC) or Medullary thyroid cancer (MTC) may grow rapidly and cause local infarction, necrosis, and thyroid tenderness mimicking AST or serve as a predisposing nidus for secondary infection
- **US-FNA helpful in this differential diagnosis**

Fine-needle aspiration biopsy (FNAB)

- The best single laboratory test in the evaluation of infectious thyroiditis and will be diagnostic in most cases.
- FNAB with Gram's staining and culture is the diagnostic test of choice.

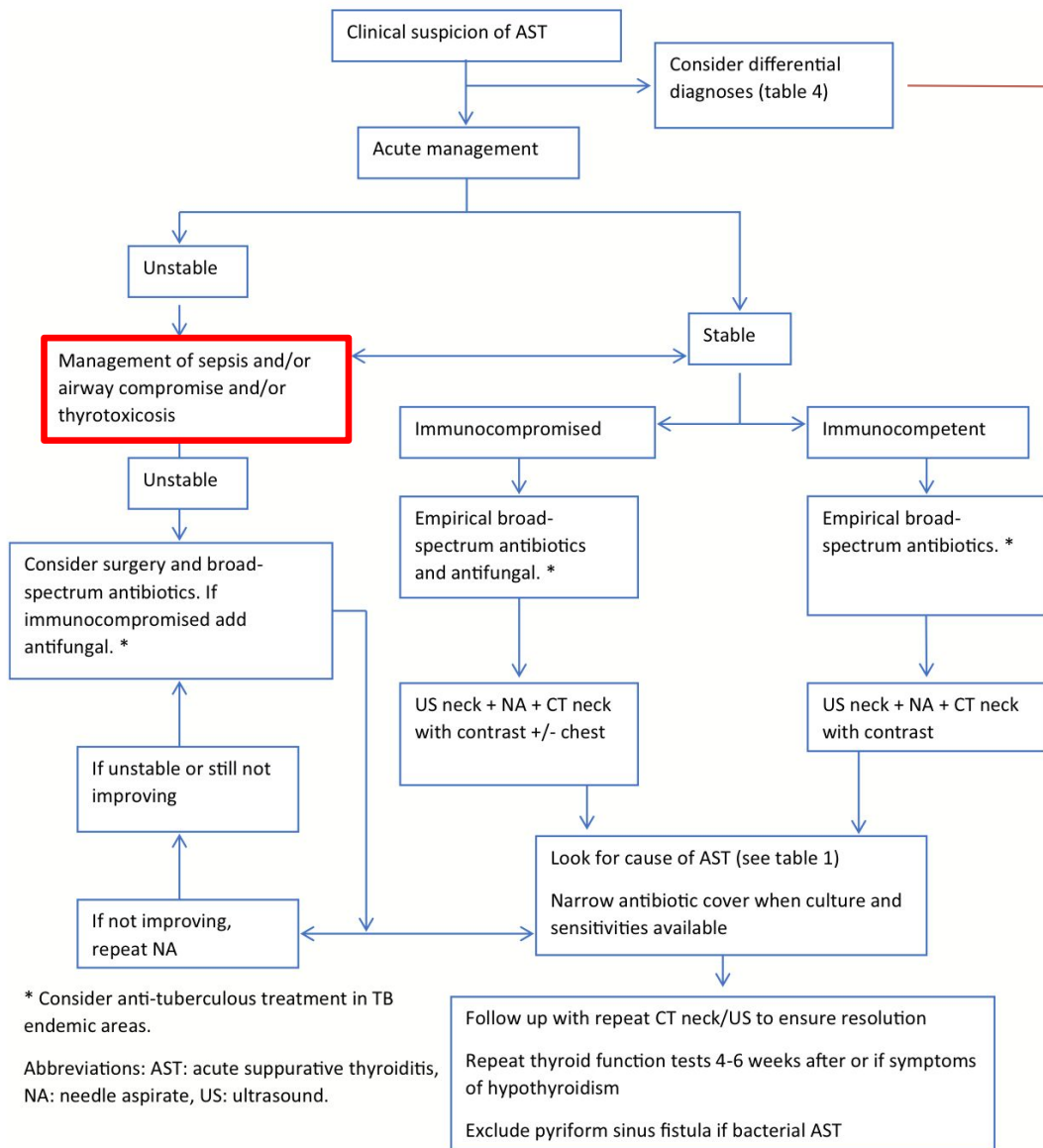


TABLE 4 Differential diagnosis for AST^{4,23-27}

Inflammatory	Subacute thyroiditis Painful Hashimoto thyroiditis Radiation thyroiditis
Infective	Sternocleidomastoid abscess Parapharyngeal abscess Lymph node suppuration Thyroglossal duct cysts infection Retropharyngeal deep space abscess
Malignant pseudothyroiditis	Thyroid cancer Thyroid lymphoma Metastases to thyroid Parathyroid cancer
Trauma	Palpation thyroiditis Blunt trauma
Infiltrative	Amyloidosis
Other	Thyroid/parathyroid nodule haemorrhage/rupture Deep vein thrombosis Branchial arches 1-4 anomalies

Abbreviations: AST, acute suppurative thyroiditis.



AAACE Clinical Case Reports

journal homepage: www.aaceclinicalcasereports.com



Case Report

Refractory Thyrotoxicosis in Oropharyngeal Squamous Cell Carcinoma Invading the Thyroid Gland

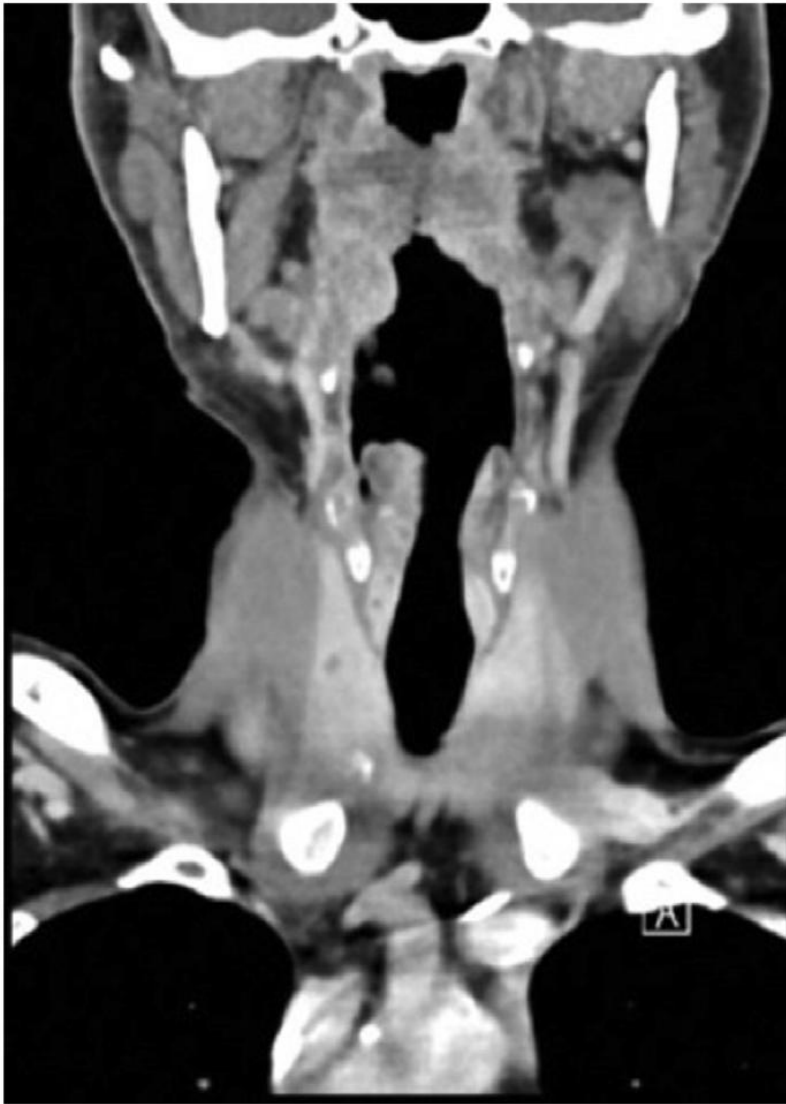
Lih Khuang Go, MBBS ^{1,*}, Huiling Liew, MMED, FRCP ², Hao Li, MMED, MCI ¹

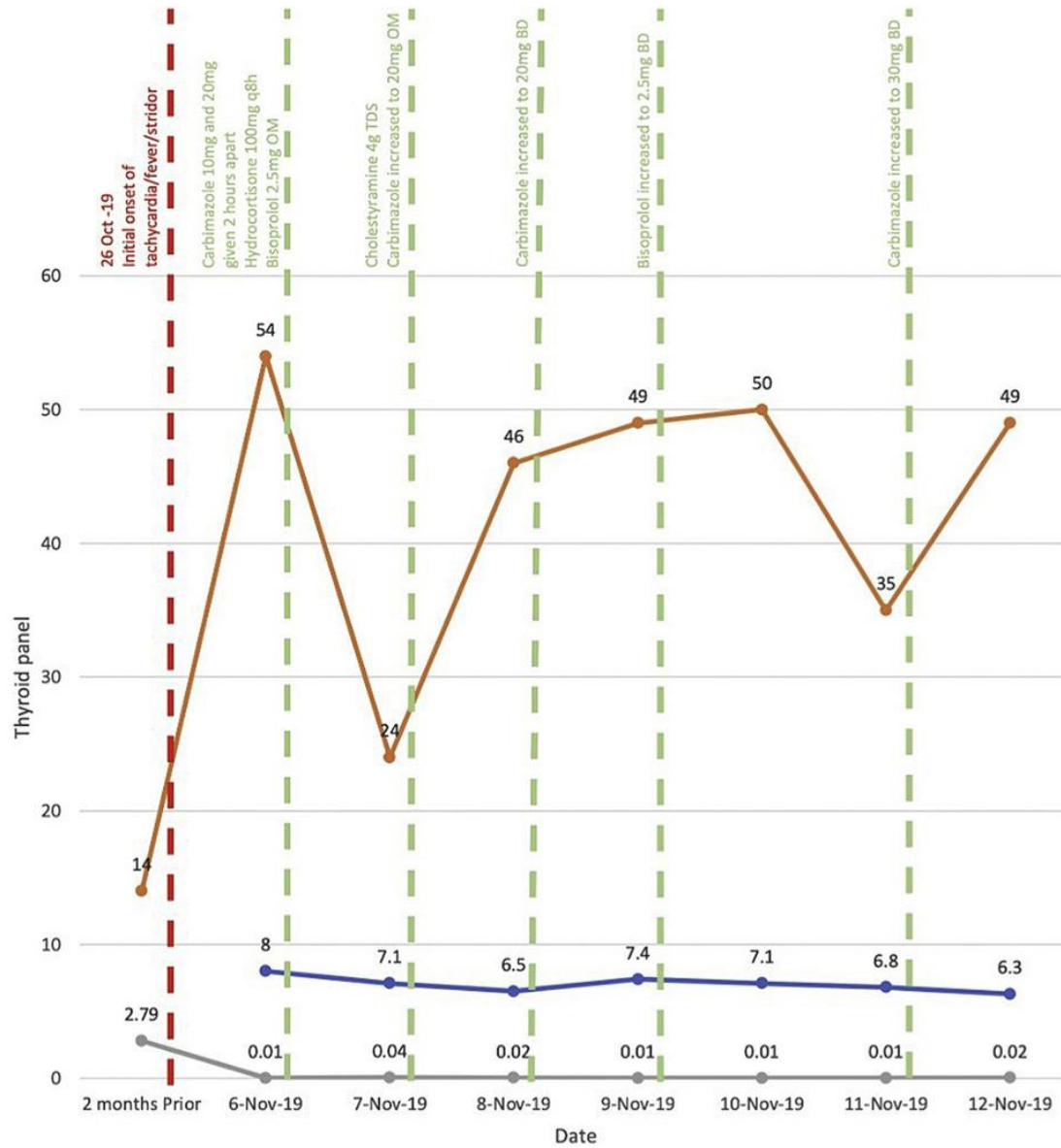
¹ Department of Otorhinolaryngology, Tan Tock Seng Hospital, Singapore

² Department of Endocrinology, Tan Tock Seng Hospital, Singapore

A 62-year-old Indian man with stage IV Oropharyngeal Squamous Cell Carcinoma (OPSCC), HT, DLP, IHD (EF23%) on AICD, plan RT

- Admitted for elective gastrostomy -> fever, tachycardia, elevated WBC and CRP -> Rx as sepsis and not improved.
- Neck CT : Rapid progression of OPSCC with invasion of bilateral thyroid lobes.
- TFT : Thyrotoxicosis, Ab negative





He died due to cardiorespiratory collapse due to tumor progression, new onset AF, poor U/D cardiac function

● FT3, pmol/L

Normal range (3.5 – 6.0)

● Free Thyroxine (FT4), pmol/L

Normal range (8.0 – 16.0)

● TSH, mIU/L

Normal range (0.45 – 4.5)

Thank you!

